

USING BITE TURBOS AS AN ALTERNATIVE TO A RICK-A-NATOR TO TREAT CLASS II CASES NOVEMBER 6, 2025 DR. MIKE SEFRANEK

| 1. | When correctly positioned, bite turbos can assist in guiding the mandible into a more optimal position by encouraging natural mandibular autorotation. | Т | F |
|----|--|---|---|
| 2. | Bite turbos do not improve occlusion and only create skeletal movement. | T | F |
| 3. | Understanding mandibular posturing and vertical eruption is important when using bite turbos for Class II correction. | Т | F |
| 4. | Bite turbos must always be used alone and should not be combined with elastics or myofunctional therapy. | Т | F |
| 5. | Improving mandibular position with bite turbos may contribute to better tongue posture and airway function. | Т | F |

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